# Understanding ELIGARD<sup>®</sup>

The treatment for advanced prostate cancer with unique extended-release technology



Please see inside for Important Safety Information

# Hormone therapy, LHRH, and ELIGARD<sup>®</sup> (leuprolide acetate ) for injectable suspension

Prostate cancer cells need hormones called androgens to replicate. In men, the main androgen is testosterone. The goal of hormone therapy is to keep your body from making testosterone, **which can slow down tumor growth or even shrink the tumor, at least for a period of time.**<sup>1</sup>

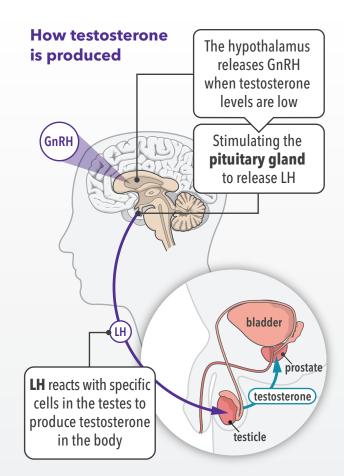
There are several different types of hormone therapies, and they are grouped based on how they work to manage testosterone. *Luteinizing hormone-releasing hormone* (LHRH) agonists are drugs that work by stopping testosterone production in the testicles.<sup>1</sup>

## **Important Safety Information**

ELIGARD<sup>®</sup> is used for the treatment of advanced prostate cancer. ELIGARD is a prescription medication that must be administered by a health care professional.

• ELIGARD should not be used by anyone who is allergic to any of the ingredients in ELIGARD or to any similar drugs.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit Eligard.com



**LHRH agonists, such as ELIGARD**<sup>\*</sup>, act like the body's own GnRH and initially stimulate the production of luteinizing hormone. However, the continued presence of high levels of LHRH agonists actually causes the pituitary gland to stop producing luteinizing hormone, and as a result the testicles are not stimulated to produce testosterone.<sup>1</sup>





## **Important Safety Information (continued)**

- ELIGARD causes an increase in testosterone during the first few weeks of therapy and some men may experience new or worsening symptoms of prostate cancer e.g., bone pain, urinary symptoms, or nerve problems such as numbness, during this period. If your cancer has spread to the urinary tract or spine, urinary blockage or pressure on the spine that can lead to paralysis may occur. Your doctor will discuss with you the benefits and risks of taking ELIGARD.
- Increased risk of heart attack, sudden death due to heart problems and stroke have also been reported in men taking ELIGARD. ELIGARD may also affect electrical activity in the heart that can cause an irregular heartbeat. Your doctor will monitor you for heart conditions.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit Eligard.com

# Why your doctor prescribes ELIGARD®

ELIGARD is a proven LHRH agonist with a unique formulation for consistent drug delivery. You can choose from several dosing options–including receiving 1 injection every 6-months (that is only 2 times a year).<sup>2,3</sup>

If you've been living with advanced prostate cancer for a while, your doctor may have already discussed LHRH treatment options with you. LHRH agonist therapies are given as injections, but different treatments offer different formulations and dosing schedules.





### **Important Safety Information (continued)**

- Elevated blood sugar and an increased risk of developing diabetes have been reported in men receiving ELIGARD. Your doctor will monitor blood sugar levels.
- Convulsions have been observed in patients taking leuprolide acetate, including patients who have a history of seizures, epilepsy, or brain disorders (related to blood vessels, nerves, or tumors), and in those taking medications associated with convulsions. Convulsions have also been reported in patients without any of these conditions.
- ELIGARD may cause fetal harm when administered to a pregnant woman. Expected hormonal changes that occur with ELIGARD treatment increase the risk for pregnancy loss.
- ELIGARD may impair fertility in males of reproductive potential.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit Eligard.com

# ELIGARD<sup>®</sup> has a unique formulation for consistent drug delivery

There are many treatment options for managing advanced prostate cancer. Your doctor has recommended ELIGARD, the LHRH treatment with the unique, polymeric gel extended-release technology for controlled drug delivery.

ELIGARD is proven to reduce testosterone below castrate levels and maintain those low levels over time.<sup>3</sup> To understand more, it's important to know how ELIGARD is delivered and how it stays in the body.



# **Consistent drug release** with the innovative, polymeric gel extendedrelease technology

Like all LHRH agonists, ELIGARD<sup>®</sup> is given by injection. But unlike others, it has an innovative, polymeric gel delivery technology that is designed to deliver a continuous dose of medicine to your body until your next ELIGARD injection– no matter what dose you choose.<sup>2</sup>

The steady, sustained release of the drug makes it possible for you and your doctor to choose from several different dosing schedules–whichever is right for you.<sup>2,3</sup>



ELIGARD comes in 1-, 3-, 4-, and 6-month doses, allowing for as few as 2 injections per year

Ask your doctor if ELIGARD is right for you.

## Important Safety Information (continued)

The most common injection site reactions are transient burning and stinging, pain, bruising, and redness. The most common side effects include hot flashes/sweats, fatigue, weakness, muscle pain, dizziness, clamminess, testicular shrinkage, decreased erections and enlargement of breasts.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit Eligard.com

# How the ELIGARD<sup>®</sup> extended-release delivery system works<sup>2</sup>

ELIGARD is injected into the fat or "subcutaneous" layer of the skin. This means it's not injected into muscle. ELIGARD can be injected at one of several chosen injection sites, like the abdomen, arm or upper buttocks.



ELIGARD is injected as a liquid into the subcutaneous layer of the skin.

The liquid solidifies into a pea-sized pearl. You may feel a tiny bump immediately after injection, which goes away over time.

The ELIGARD pearl dissolves slowly, continuously releasing medicine over the dosing period.



# Common side effects with hormonal therapies and tips for managing them

Many men experience side effects during hormonal therapies as a result of the low testosterone levels. It's important to understand these side effects and ways to help manage the ones that are most common. This information doesn't replace the advice of your doctor; be sure to talk to your doctor about any side effects you have or lifestyle changes you make during treatment.

### **Hot flashes**

You may feel like a sudden rush of warmth in the face, neck, chest, and back. They may last a few seconds to an hour.

**Tip:** Talk to your doctor if you have hot flashes. He or she may be able to help.

## Fatigue (tiredness)

You may feel extreme tiredness, exhaustion, or even having a hard time concentrating. There are many causes of fatigue, including inactivity, poor sleep, and side effects from drugs.

**Tip:** You can do many easy things to cope with fatigue:

- Talk to your doctor to determine the cause
- Get enough rest
- Don't push yourself
- Take short walks and exercise, if possible
- Eat foods that help with energy
- Try stress-relieving activities

## **Injection discomfort**

You may experience some discomfort during and after your ELIGARD injections, which is temporary. Common side effects related to the injection are<sup>3</sup>:

- Burning and stinging
- Pain
- Bruising
- Redness

You may experience other side effects and should always tell your doctor about how you are feeling when receiving hormonal therapy. Additional side effects have been reported with ELIGARD. Please see additional Important Safety Information for ELIGARD.

### Important Safety Information (continued)

Other side effects, including thinning of bones that may lead to fracture, and rare but serious problems with the pituitary gland in the brain, have been reported with ELIGARD.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit Eligard.com



# ELIGARD<sup>®</sup> and prostate cancer resource support

Find the support you and your family need while dealing with advanced prostate cancer, from financial help to support for caregivers.

# **Financial Assistance**

#### **TOLMAR Total Solutions**<sup>®</sup> 1-844-TOLMAR1 (865-6271)

People who qualify can get help with the cost of ELIGARD through the Patient Assistance Program (PAP). Your doctor's office can also call for all insurance and patient assistance questions.

BenefitsCheckUp® benefitscheckup.org

**CFAC: Cancer Financial Assistance Coalition** cancerfac.org

#### **CancerCare® Co-Payment Assistance Foundation**

cancercarecopay.org 1-866-55-COPAY (2-6729) or 1-212-601-9750

#### Health Well Foundation®

healthwellfoundation.org 1-800-675-8416

# Medicine Assistance Tool medicineassistancetool.org

#### Patient Advocate Foundation copays.org 1-866-512-3861



# Education

Men's Health Network™ menshealthnetwork.org

American Cancer Society® cancer.org/cancer/prostate-cancer 1-800-227-2345

**Urology Care Foundation** urologyhealth.org 1-800-828-7866

Blue Cure® bluecure.org

**Prostate Health Education Network, Inc.** prostatehealthed.org 1-617-481-4020

### **Advocacy**

**Prostate Cancer Foundation** pcf.org 1-800-757-CURE (2873)

Prostate Cancer Research Institute pcri.org

**ZERO – The End of Prostate Cancer** zerocancer.org 1-844-244-1309

CancerCare® www.cancercare.org 1-800-813-4673

# Caregiving

#### **National Cancer Institute**

cancer.gov 1-800-4-CANCER (422-6237)

# National Comprehensive Cancer Network®

nccn.org/patientresources/patient-resources 1-215-690-0300

# Important Safety Information for ELIGARD<sup>®</sup>

#### LEARN MORE ELIGARD.com

ELIGARD is used for the treatment of advanced prostate cancer. ELIGARD is a prescription medication that must be administered by a health care professional.

- ELIGARD should not be used by anyone who is allergic to any of the ingredients in ELIGARD or to any similar drugs.
- ELIGARD causes an increase in testosterone during the first few weeks of therapy and some men may experience new or worsening symptoms of prostate cancer e.g., bone pain, urinary symptoms, or nerve problems such as numbness, during this period. If your cancer has spread to the urinary tract or spine, urinary blockage or pressure on the spine that can lead to paralysis may occur. Your doctor will discuss with you the benefits and risks of taking ELIGARD.
- Increased risk of heart attack, sudden death due to heart problems and stroke have also been reported in men taking ELIGARD. ELIGARD may also affect electrical activity in the heart that can cause an irregular heartbeat. Your doctor will monitor you for heart conditions.
- Elevated blood sugar and an increased risk of developing diabetes have been reported in men receiving ELIGARD. Your doctor will monitor blood sugar levels.
- Convulsions have been observed in patients taking leuprolide acetate, including patients who have a history of seizures, epilepsy, or brain disorders (related to blood vessels, nerves, or tumors), and in those taking medications associated with convulsions. Convulsions have also been reported in patients without any of these conditions.

- ELIGARD may cause fetal harm when administered to a pregnant woman. Expected hormonal changes that occur with ELIGARD treatment increase the risk for pregnancy loss.
- ELIGARD may impair fertility in males of reproductive potential.

The most common injection site reactions are transient burning and stinging, pain, bruising, and redness. The most common side effects include hot flashes/sweats, fatigue, weakness, muscle pain, dizziness, clamminess, testicular shrinkage, decreased erections and enlargement of breasts.

Other side effects, including thinning of bones that may lead to fracture, and rare but serious problems with the pituitary gland in the brain, have been reported with ELIGARD.

Call your doctor for medical advice about side effects. You may report side effects to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information on following pages, and enclosed full Prescribing Information or visit ELIGARD.com

#### **References:**

**1.** https://www.nccn.org/patients/guidelines/prostate/index.html. Accessed January 2020. **2.** Sartor O. *Eur Urol* 2006 **3.** ELIGARD\* (leuprolide acetate) for injectable suspension [package insert]. Fort Collins, CO: Tolmar, Inc.; 2024.





# LEARN MORE ELIGARD.com

### ✿tolmar

© 2024 Tolmar, Inc. All rights reserved. Tolmar, ELIGARD, Tolmar Total Solutions and their associated logos are trademarks of the Tolmar Group. Third party trademarks and product names belong to their respective owners. TPI.2020.eng.2185.v6 07/24

